

Saltcote Place  
Breakfast menu

For your enjoyment, our breakfast menu has been prepared from fresh locally sourced produce wherever possible.

Vegetarian options are available on request. See below for allergens.

A wide selection of tea, coffee and fruit juices will be available throughout.

Fresh fruit  
A Selection of cereals  
Yoghurt  
Toast, Croissants, a selection of preserves

**Please select from our Cooked Menu**

Scrambled Eggs on medallions of toast with salmon (Eggs lochs)

Poached eggs on medallions of toast

Boiled eggs and soldiers

Bacon on toast

Tomatoes on toast

Eggs benedict

English muffin topped with bacon a poached egg napped with hollandaise sauce, dusted with paprika

Eggs Royale

English muffin topped with salmon a poached egg napped with hollandaise sauce, dusted with paprika

Waffles or scotch pancakes with fresh fruit and hot maple syrup

Full English

Breakfast sausages from our award winning local butcher, bacon, sautéed mushrooms (garlic optional), eggs any style, tomatoes, hash browns or savoury herb potato, and baked beans.

Vegetarian sausages are available

Our English breakfast is cooked in the oven and under the grill, to avoid a delay; some prior notice may help and is always appreciated.

The menu suggestions may be altered according to your preferences, we can agree this when we discuss what time you would like breakfast

Allergies and Dietary needs – We are very happy to discuss this with you,

A detailed explanation is here <http://saltcote.co.uk/diet.html>

This is responsive so works on mobile devices